Hey Everyone, I know this is an early update but I have a busy schedule ahead of me and will be out of the office on Friday.

Rec signups are still available! We have limited spaces available in each age group so be sure to come and register before they fill up! If you would like a registration packet you can email me and I can email one back! klaird@harrisonmaine.org

We have confirmed our trip to Cabbage Island! August 9th, we will head to Cabbage Island for great food and memories! Please sign up at the Town Office. (Flier attached at the end).
Believe it or not but spring sports (cheering, soccer and football) will open their registrations on June 1\textsuperscript{st} through the Oxford Hills Boosters. Registrations will close on August 25\textsuperscript{th}. Soccer and Cheering at $45 and football is $55.

June 6\textsuperscript{th}, we will have our last Senior Luncheon before the start of summer. We will be having BBQ chicken, cole slaw and pasta salad. We also have some great prizes for BINGO! You won’t want to miss out!

Doors open at 11:00 at the Community Room and lunch will be served at 12:00 with BINGO to follow.
15th Annual 5k Run by the Lake is coming up July 5th! You won’t want to miss out on these awesome shirts we have this year or the awesome prizes to follow!

Adult Co-ed Softball Tournament August 19th @ RADR! This is going to be a super fun event! Get a team together and come have fun!
Check out these awesome pictures of our baseball and softball teams!
Thank you to all of our Coaches for their dedication this season! Good luck in your upcoming games!

If you have any questions, would like to register for rec/swimming lessons please contact Kayla. Klaird@harrisonmaine.org or 583-2241
CABBAGE ISLAND CLAMBAKE
BOOTHBAY HARBOR

Wednesday, August 9, 2017
Cost: $84.00 (includes coach bus, boat and meal)
Harrison & Bridgton Residents: $72.00

$30.00 Non-Refundable (after July 28th) Deposit Due at Signup
Balance is Due Friday, August 4th.
****Sign Up Early—Seating is limited****
Contact Kayla Laird at the Harrison Town Office (583-2241) or Gary Colello
at the Bridgton Town Office (647-8786).

We will enjoy New England fish chowder, 2 luscious red lobsters,
tender white steamed clams, corn on the cob, onion, new Maine
potatoes followed by Cabbage Island’s famous blueberry cake with
hot fresh coffee and tea. Note: Chicken is available upon request.

Bus will leave the Harrison Town Office at 8am and will return around 7pm.
Please arrive early.

Kayla Laird at the Harrison Town Office (583-2241) or Gary Colello at the
Bridgton Town Office (647-8786).
Adult Co-Ed Softball Tournament

When: Saturday August 19th
Where: Harrison Field of Dreams (RADR)

Price: $175 per team

**Rules and Regulations**

Players must be 18 years or older to play.

- NO ALCOHOL
- Players will start with a 1 and 1 count
- Slow pitch, 6-12 arch
- Must have 3 girls on the field
- Males 1 home run per game after that it's an out. Females unlimited homeruns
- 10 run rule after 5 innings
- 7 innings will be played
- We will be following ASA rules

All proceeds to go to Harrison Parks & Recreation.

For any questions please contact Kayla Laird @ klaird@harrisonmaine.org
Harrison Parks & Recreation Department’s 15th Annual 5K Run By the Lake
July 5th, 2017
7PM Rain or Shine!

Runners... Walkers... Families... Friends... Campers...
Join us at our 15th Annual 5K Run by the Lake!
A fabulous night of fun, comradery...
... and a healthy activity for ALL AGES!

Where: Harrison Town Office at 20 Front Street
Time: 7:00 PM  Race Day Registration: 5:00-6:45PM at the Harrison Town Office
Fee: $13 by July 1st or $18 after ($3.00 off for Harrison Residents)  Free T-Shirts to first 100 pre-registered runners!

Race proceeds help fund many of the year-round Pre-K through senior citizen special activities through the Town of Harrison Parks and Recreation Department.

Assorted Prizes: From local businesses (need to be present to win) AND Traditional Post-Race Food Spread
Photos by Brewster Burns! See photos from past years at www.brewstersphotos.com

Course: Starting line for the run is in front of the Harrison Grange Hall - Follow Rte. 117 around the end of Long Lake towards North Bridgton. Continue along Rt. 117, until you turn left onto Brickyard Hill Rd. Stay on Brickyard Hill Rd. until you bear right out to Rte. 117 and take an immediate left following Rte. 117 for a very short distance where you will take another immediate left (loops around the Bridgton Academy Beach) and then follow the same route back into Harrison, then right onto Lincoln St. just after the Village Tie-Up and Grange Hall. - Finish line is at the Post Office. Water Stops: Just after Mile 1, and shortly after Mile 2


****CATEGORY WINNERS [M/F]:****
Age Divisions:  1-5, 6-12, 13-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+
Top Harrison Finishers; Oldest finisher; Youngest Finisher; Middle of the Pack Finisher; Top Local Camper Finishers, Overall

Contact our Race Director with any questions: Kayla Laird kclaird@harrisonmaine.org 207-583-2241
Julie Crawford-Murphy juliemurphy@myfairpoint.net

ONLINE REGISTRATION IS AVAILABLE:
Visit www.harrisonmaine.org under “Recreation”, “5K”, and find our event on the link to www.running4free.com

OR MAIL OR DROP OFF THE LOWER PORTION OF THIS REGISTRATION FORM TO:
Harrison Town Office - Attention: Race Director – P.O. Box 300 – 20 Front Street - Harrison, ME 04040

Name: ___________________________________  Address: ___________________________________
Email: ___________________________________  Phone: ________________________________  Male or Female (please circle one)
Age on July 1st, 2017: ______________ T-Shirt: (circle one size youth or adult)  YOUTH: YS YM YL  ADULT: S M L XL
Signature: ___________________________  Date: ___________________________

Signature of Parent/Guardian if under 18: ___________________________

I understand that road racing is a potentially hazardous activity and hereby waive and release all officials and directors of this race, and all volunteers, sponsors and city officials from any claims of liability arising from my voluntary participation in this event. If I appear in a photo and would prefer to be contacted before it is used (such as in newspapers; on the 5K or Harrison Parks and Recreation Face Book Page; etc.), I will discuss this with the 5K Race Director, Kayla Laird, prior to the race.